

Name of Organization	Purpose	Contact	Website	Social Media	Updated
Avicenna Community Health Center	Avicenna Community Health Center primary objective is to assist with the medical needs of Urbana-Champaign community, particularly those who are uninsured and under-insured.	Info@AvicennaHealth.org	<a href="http://www.avicennahealth.org/">http://www.avicennahealth.org/</a>	---	8/30/21
Carle Hospital	From helping in clinical areas, to comforting family members in times of need, there is a place and pace that allows volunteers to contribute to patient care at Carle and touch the lives of visitors, patients and families.	volunteer.services@carle.com	<a href="https://carle.org/careers/volunteer">https://carle.org/careers/volunteer</a>	<a href="https://www.facebook.com/CarleFoundation">https://www.facebook.com/CarleFoundation</a>	9/2/21
Champaign County Christian Health Center	Champaign County Christian Health Center is a not for profit health center founded in 2003. Our mission is to provide holistic, free, and quality health care services.	volunteer@ccchc2003.org	<a href="http://ccchc2003.org/get-involved/volunteer-handbook">http://ccchc2003.org/get-involved/volunteer-handbook</a>	<a href="https://www.instagram.com/champaigncountychristianhealth/">https://www.instagram.com/champaigncountychristianhealth/</a>	8/30/21
Champaign County Health Care Consumers	Champaign County Health Care Consumers (CCHCC) believes that health care is a basic human right, and is dedicated to the mission of working for quality affordable health care for all. CCHCC organizes individuals and communities to have a voice in the health care system and to affect social change. CCHCC carries out its mission through consumer education, advocacy, and community organizing.	---	<a href="https://www.healthcareconsumers.org/">https://www.healthcareconsumers.org/</a>	<a href="https://www.facebook.com/healthcareconsumers">https://www.facebook.com/healthcareconsumers</a> , <a href="https://twitter.com/cchcc1977">https://twitter.com/cchcc1977</a>	8/30/21
Champaign County Nursing Home and Adult Daycare	Provides long-term, rehabilitative, and memory care services as well as daily respite services	CCNHVolunteerCoordinator@cco.champaign.il.us	---	---	10/12/20
Champaign Park District Special Recreation	We are always looking for fun energetic people to help with everything from one-time special events to weekly Special Olympics sports practices to daily after school programs.	CUSR@champaignparks.com	<a href="https://cuspacialrecreation.com/job-opportunities/">https://cuspacialrecreation.com/job-opportunities/</a>	---	8/30/21
Champaign-Urbana Public Health District	Mission is to prevent disease and injury and to lessen the impact of disease, striving to make our services accessible to anyone in Champaign County.	(217) 352-7961	<a href="https://www.c-uphd.org/employment.html">https://www.c-uphd.org/employment.html</a>	<a href="https://www.facebook.com/CUPHD">https://www.facebook.com/CUPHD</a>	8/30/21
Champaign-Urbana Rehabilitation and Nursing	Provides skilled nursing care for patients with need for short-term rehabilitation or continuous long-term nursing care including dementia and hospice care	(217) 402-9700	<a href="http://www.cunr.net/">http://www.cunr.net/</a>	<a href="https://www.facebook.com/ChampaignUrbanaNursingandRehab/">https://www.facebook.com/ChampaignUrbanaNursingandRehab/</a>	8/30/21
Clark-Lindsey Meadowbrook Health Center	Premier short-term and long-term nursing care. Assisted living, skilled nursing, respite stays	(217) 344-2144	<a href="https://www.clark-lindsey.com/work-volunteer">https://www.clark-lindsey.com/work-volunteer</a>	<a href="https://www.facebook.com/ClarkLindseyVillage/">https://www.facebook.com/ClarkLindseyVillage/</a>	8/30/21
Community Elements	Community Elements educates, advocates, and helps build communities of well-being by providing individuals and families a range of prevention, intervention, and mental health treatment services. These services are culturally inclusive, client/family-focused, and recovery-centered through service excellence, mentoring, and leadership.	---	<a href="https://rosecrance.org/central-illinois/">https://rosecrance.org/central-illinois/</a>	<a href="https://www.facebook.com/lifswaiting">https://www.facebook.com/lifswaiting</a> , <a href="https://twitter.com/rosecrancenews">https://twitter.com/rosecrancenews</a>	8/30/21
Crisis Nursery	Emergency-based/crisis care child care facility open 24 hrs/day, 365 days/year providing safe shelter for ages birth - 6, providing family support and education	jduden@crisisnursery.net,	<a href="https://crisisnursery.net/opportunities/">https://crisisnursery.net/opportunities/</a>	<a href="https://www.instagram.com/crisisnurseryurbana/">https://www.instagram.com/crisisnurseryurbana/</a> , <a href="https://twitter.com/CrisisNursery">https://twitter.com/CrisisNursery</a> , <a href="https://www.facebook.com/crisisnursery">https://www.facebook.com/crisisnursery</a>	8/30/21
Disability Resources and Educational Services	Volunteers can observe physical therapy appointments and assist with stretching and exercises.	disability@illinois.edu	<a href="http://www.disability.illinois.edu/">http://www.disability.illinois.edu/</a>	---	8/30/21
Hospice Volunteer Program	With a strong commitment to volunteerism and community service, Transitions Hospice relies on support from volunteers who want to share their time and talents and provide the highest quality of care to our patients. Volunteers visit with patients, assist their families and help with projects at our administrative offices. Volunteer visits offer patients companionship, boost their self-esteem and decrease loneliness.	info@transitions hospice.com	<a href="https://www.transitionshospice.com/volunteers/">https://www.transitionshospice.com/volunteers/</a>	<a href="https://www.instagram.com/transitions hospice ill/">https://www.instagram.com/transitions hospice ill/</a> , <a href="https://www.facebook.com/TransitionsHospiceLLC/">https://www.facebook.com/TransitionsHospiceLLC/</a> , <a href="https://twitter.com/TransitionsHosp">https://twitter.com/TransitionsHosp</a> , <a href="https://www.youtube.com/channel/UCLYfNNTY8cMj3Cg1aSHZzmA">https://www.youtube.com/channel/UCLYfNNTY8cMj3Cg1aSHZzmA</a>	8/30/21
OSF Heart of Mary Medical Center	OSF Heart of Mary Medical Center offers many challenging and interesting volunteer opportunities available for individuals interested in working in patient care or non-patient care areas.	HMMC. VolunteerServices@osfhealthcare.org	<a href="https://www.osfhealthcare.org/heart-of-mary/giving/opportunities/">https://www.osfhealthcare.org/heart-of-mary/giving/opportunities/</a>	<a href="https://www.facebook.com/osfheartofmary">https://www.facebook.com/osfheartofmary</a>	8/30/21
Project Sunshine at UIUC	Project Sunshine is a volunteer organization focused on connecting with and supporting pediatric patients in hospitals all over the world. These connects reduce stress, increase joy, and help support the developmental, social and emotional needs of children facing medical challenges. Our volunteers actively visit hospitals in the Urbana-Champaign area to interact with our patients through play, activities and other events. During the pandemic, the bulk of our volunteering events will be done through a program called Teleplay (through zoom). During these sessions, our volunteers will help navigate through activities and games that will improve the patient's experience in the hospital. Another service that our volunteers offer is through the assembly and delivery of activity kits that patients can interact with on their own.	UoUrbana@projectsunshine.org	<a href="https://projectsunshine.org/volunteers/college/">https://projectsunshine.org/volunteers/college/</a>	---	8/27/21

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Promise Healthcare Francis Nelson Health Center and Smile Healthy Dental Center	Various opportunities - unpaid interning and volunteering for many different healthcare positions!	ngreenwalt@promisehealth.org	<a href="https://www.promisehealth.org/donate-volunteer">https://www.promisehealth.org/donate-volunteer</a>	<a href="https://www.facebook.com/PromiseHealth/">https://www.facebook.com/PromiseHealth/</a>	8/30/21
Special Olympics	Provides year round sports training and athletic competition for children and adults with intellectual disabilities	jkeyes@soill.org	<a href="https://www.soill.org/volunteers/">https://www.soill.org/volunteers/</a>	<a href="https://www.facebook.com/SpecialOlympicsIllinois">https://www.facebook.com/SpecialOlympicsIllinois</a> , <a href="http://twitter.com/SO_Illinois">http://twitter.com/SO_Illinois</a> , <a href="http://instagram.com/specialolympicsillinois">http://instagram.com/specialolympicsillinois</a>	8/30/21
Swann Special Care Center	Volunteers play an important role at Swann Special Care Center. We offer unique opportunities for services in a wide variety of areas. Some volunteer opportunities include working with residents, doing landscaping and lawn work, or bringing a pet to interact with patients for Pet Therapy. Volunteers are also needed for Art Therapy Program and Outings.	(217) 356-5164	<a href="https://swanncare.org/">https://swanncare.org/</a>	<a href="https://www.facebook.com/swanncarecenter/">https://www.facebook.com/swanncarecenter/</a>	8/30/21
Women's Resources Center	Various opportunities!	womenscenter@illinois.edu	<a href="https://oir.illinois.edu/womens-center/get-involved/volunteer-and-internship-opportunities">https://oir.illinois.edu/womens-center/get-involved/volunteer-and-internship-opportunities</a>	<a href="https://www.facebook.com#!/pages/University-of-Illinois-Womens-Resources-Center/164120746133">https://www.facebook.com#!/pages/University-of-Illinois-Womens-Resources-Center/164120746133</a>	8/30/21

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CATSNAP (Champaign Area Trap Spay/Neuter Adoption Program)	CATSNAP seeks to reduce pet overpopulation and to improve the welfare of animals in the greater Champaign County Illinois area. This program offers spay and neuter assistance and basic veterinary treatment to needy or unowned animals. It also provides humane education to community and civic groups on the care of animals and the importance of spaying/neutering in population control.	catsnap@catsnap.org	<a href="https://www.catsnap.org/">https://www.catsnap.org/</a>	<a href="https://www.facebook.com/groups/58068186076/">https://www.facebook.com/groups/58068186076/</a>	8/31/21
Champaign County Humane Society	"Open door" shelter and accept all animals needing shelter, regardless of age, physical condition or adoptability.	Karen@cuhumane.org	<a href="http://www.cuhumane.org/Volunteer/InformationOpportunities.aspx">http://www.cuhumane.org/Volunteer/InformationOpportunities.aspx</a>	---	9/1/21
Humane Society of Central Illinois	Volunteerism is an integral part of the Humane Society of Central Illinois and enables us to make a difference in the lives of thousands of homeless pets. We could not exist without the time, effort, and enthusiasm that each volunteer commits to giving. We recognize the valuable roles volunteers play and are committed to providing thorough, hands-on training and ongoing support to every volunteer.	(309) 451-1000	<a href="https://www.hscipets.org/volunteeropportunities.htm">https://www.hscipets.org/volunteeropportunities.htm</a>	<a href="https://www.facebook.com/Humane-Society-of-Central-Illinois-215185971831840/">https://www.facebook.com/Humane-Society-of-Central-Illinois-215185971831840/</a>	9/3/21
Pet Central We Help!	Come join this quaint organization on their mission to support all animals under their no-kill rescue policy. Help join destined families together while volunteering: helping clean and feed all animals so that they are always ready to be adopted into their new homes!	(309) 846-9534	<a href="https://petcentralhelps.org/volunteer-application-2/">https://petcentralhelps.org/volunteer-application-2/</a>	---	9/3/21
Prairie Farm	Prairie Farm is a replica of a turn-of-the-century farm complete with barns, farmhouse, pond, pasture, & flower garden. The Farm features traditional farm animals such as sheep, pigs, goats, horses, cows, chickens, and geese.	pfarm@champaignparks.com	<a href="https://champaignparks.com/prairie-farm/">https://champaignparks.com/prairie-farm/</a>	<a href="https://www.facebook.com/ChampaignParkDist">https://www.facebook.com/ChampaignParkDist</a> , <a href="https://instagram.com/champaignparkdist">https://instagram.com/champaignparkdist</a>	9/1/21
Parieland Anti-Cruelty Program	you can volunteer into this program helps control the pet population by rescuing dogs and cats. They will provide them with food, provide the shoots needed for them, and try to find them home.	ovp@illinois.edu	<a href="https://cuvolunteer.org/organizations/profile/415">https://cuvolunteer.org/organizations/profile/415</a>	---	9/7/21
Society for Hooved Animals' Rescue and Emergency	Help feed, water, groom and care for horses. It doesn't take any special skill to help, just a love of animals. If you know how to "break" or train horses, you can work with some of our more challenging residents, and we are also looking for horse experienced foster homes. But as long as you're not afraid of a little physical labor, there's a place for you.	info@transitionshospice.com	<a href="https://LotsaHelpingHands.com">LotsaHelpingHands.com</a>	<a href="http://www.facebook.com/lotsahelpinghands">http://www.facebook.com/lotsahelpinghands</a> , <a href="http://www.twitter.com/lotsahelping">http://www.twitter.com/lotsahelping</a>	9/1/21
Wildlife Medical Clinic	The Wildlife Medical Clinic (WMC) is a nonprofit, volunteer-operated, donation-funded clinic within the University of Illinois Veterinary Teaching Hospital.	(217) 244-1195	<a href="https://vetmed.illinois.edu/hospital/wildlife-medical-clinic/">https://vetmed.illinois.edu/hospital/wildlife-medical-clinic/</a>	<a href="https://www.facebook.com/UIWMC">https://www.facebook.com/UIWMC</a>	9/1/21

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Allerton Park and Retreat Center, Monticello	The natural areas of the Park are used by a variety of University departments, as well as other universities and conservation agencies, for environmental study and for participatory student interactions.	allertoninfo@illinois.edu	<a href="http://allerton.illinois.edu/volunteer-at-allerton/">http://allerton.illinois.edu/volunteer-at-allerton/</a>	<a href="https://www.facebook.com/AllertonPark">https://www.facebook.com/AllertonPark</a>	8/31/21
The Bike Project of Urbana-Champaign	Volunteering at The Bike Project is a great way to learn more about cycling and bike repair, as well as meet interesting people and give back to our community. You can participate in mechanics, be a greeter/register, and art and design.	contact@thebikeproject.org	<a href="http://thebikeproject.org/get-involved/volunteer-at-the-bike-project/">http://thebikeproject.org/get-involved/volunteer-at-the-bike-project/</a>	<a href="https://www.facebook.com/thebikeproject/">https://www.facebook.com/thebikeproject/</a>	8/31/21
Certified Greener Campus Internship	An initiative of the Institute for Sustainability, Energy, and Environment (iSEE) that enhances environmental stewardship on campus by providing opportunities to certify as "green". iSEE is hiring an intern to provide resources and guidance to organizations as they implement sustainable practices.	iseegreenoffice@gmail.com	<a href="https://sustainability.illinois.edu/actions/initiatives/volunteer/">https://sustainability.illinois.edu/actions/initiatives/volunteer/</a>	---	8/30/21
Champaign County Forest Preserve	Planting (ornamental & native species), Trail Steward Program, Assisting With Special Events, Exotic Species Control, and more.	<a href="https://www.ccfpd.org/Contact/Contact-Us">https://www.ccfpd.org/Contact/Contact-Us</a>	<a href="https://www.ccfpd.org/forest-preserve/volunteers-champaign-county">https://www.ccfpd.org/forest-preserve/volunteers-champaign-county</a>	<a href="https://www.facebook.com/CCFPD/">https://www.facebook.com/CCFPD/</a>	8/31/21
Champaign Park District	With an abundance of programs and events, and acres of gardens and park land, the Champaign Park District is fertile ground to lend your time or talent. Whether you want to exercise your green thumb, work with children, help at the Virginia Theatre, or assist with a special event, the Champaign Park District invites you to be a member of their team!	(217) 398-2550	<a href="https://champaignparks.com/volunteer/">https://champaignparks.com/volunteer/</a>	<a href="https://www.facebook.com/ChampaignParkDist">https://www.facebook.com/ChampaignParkDist</a>	8/31/21
Citizens' Climate Lobby (CCL)	Citizens' Climate Lobby (CCL) wants you! As a volunteer, you'll be a member of the fastest growing and most effective climate advocacy group. You will work with concerned Illinois citizens to slow the effects of climate change. Together we can protect our beautiful ecosystems, livelihoods and way of life.	<a href="https://citizensclimatelobby.org/contact/">https://citizensclimatelobby.org/contact/</a>	<a href="https://citizensclimatelobby.org/">https://citizensclimatelobby.org/</a>	<a href="https://www.facebook.com/CitizensClimateLobby/">https://www.facebook.com/CitizensClimateLobby/</a>	8/31/21
Curtis Apple Orchard	Work at Curtis Apple Orchard, they have many different jobs and opportunities for students!	(217) 359-5565	<a href="http://CurtisOrchard.com/employment">CurtisOrchard.com/employment</a>	<a href="https://www.facebook.com/CurtisOrchard/">https://www.facebook.com/CurtisOrchard/</a>	8/31/21
Environmental Protection Agency's Student Employment Programs	EPA internships and fellowships provide a great introduction to our work, giving you a sense of whether EPA might be the right place for you. Internships, fellowships and other opportunities are available at our Washington D.C. headquarters, in our ten regional offices, and at our labs and research centers throughout the nation.	Varies from program to program	<a href="https://nres.illinois.edu/undergraduate/internship">https://nres.illinois.edu/undergraduate/internship</a>	<a href="https://www.facebook.com/illinoisNRES">https://www.facebook.com/illinoisNRES</a>	8/31/21
Give Back Garden	Volunteers are needed to help plant, harvest, and maintain C-UPHD's community garden. There are thirty raised garden beds on site in which we grow a variety of fruits, vegetables, and herbs. All produce harvested supplements an on-site food pantry with fresh, healthy foods grown without chemicals. Our mission is to increase the availability of fresh produce to local residents.	givebackgarden@c-uphd.org	<a href="https://givebackgarden.wordpress.com/">https://givebackgarden.wordpress.com/</a>	<a href="https://www.facebook.com/GiveBackGarden/">https://www.facebook.com/GiveBackGarden/</a>	8/31/21
Grand Prairie Friends	To preserve and restore natural communities in east-central Illinois and to promote an understanding and appreciation of natural resources. The internship program is designed for students interested in environmental conservation, natural lands management, ecological restoration, plant identification, and the preservation of Illinois natural areas	volunteer@grandprairiefriends.org	<a href="https://www.grandprairiefriends.org/">https://www.grandprairiefriends.org/</a>	<a href="https://www.facebook.com/grandprairiefriends/">https://www.facebook.com/grandprairiefriends/</a>	8/31/21
Illini Light Out	iSEE's Illini Lights Out (ILO) program demonstrates the immense energy-saving impact of simply turning off the lights when you leave a classroom, lab, or study space. On a few Friday nights each month, volunteers gather to form mini lights-out brigades and tour campus buildings recording how many lights are left on (and shutting off as many as they can, of course). Volunteering takes about an hour and a half, and there are always snacks afterward! Thanks to a grant from the <u>Student Sustainability Committee (SSC)</u> , ILO has multiple events you can take part in each semester.	iseeinterns@gmail.com	<a href="https://sustainability.illinois.edu/actions/initiatives/illini-lights-out/">https://sustainability.illinois.edu/actions/initiatives/illini-lights-out/</a>	<a href="https://www.facebook.com/iSEEatUofI">https://www.facebook.com/iSEEatUofI</a>	8/31/21
Illinois Department of Natural Resources	Volunteers are needed throughout the State at State Parks, Campgrounds, Wildlife Management Areas, Nature Preserves, Special Events, and with many special programs. They have a variety of volunteer positions available so there is something for everyone.	DNR.Volunteers@illinois.gov	<a href="https://www.dnr.illinois.gov/outreach/Volunteer/Pages/default.aspx">https://www.dnr.illinois.gov/outreach/Volunteer/Pages/default.aspx</a>	<a href="https://www.facebook.com/illinoisDNR">https://www.facebook.com/illinoisDNR</a>	8/31/21
Illinois Natural History Survey	The mission of the Illinois Natural History Survey (INHS) is to investigate and document the biological resources of Illinois and other areas, and to acquire and provide natural history information that can be used to promote the common understanding, conservation, and management of these resources.	cms@inhs.illinois.edu	<a href="https://www.inhs.illinois.edu/">https://www.inhs.illinois.edu/</a>	<a href="https://twitter.com/INHSIllinois?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor">https://twitter.com/INHSIllinois?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor</a>	8/31/21
Museum of the Grand Prairie	Volunteers are involved in many phases of the museum's operation, such as collection management, exhibit work, school and public programs, research and fundraising. You will find that volunteering at the Museum of the Grand Prairie brings with it an opportunity to meet people you might not otherwise have known. But even more importantly, you will share in our leadership role of assisting with the education of our children and the teaching of local history.	(217) 586-2612	<a href="http://www.museumofthegrandprairie.org/volunteer.html">http://www.museumofthegrandprairie.org/volunteer.html</a>	<a href="https://www.facebook.com/museumofthegrandprairie/">https://www.facebook.com/museumofthegrandprairie/</a>	8/31/21

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Prarie Burns of UIUC Natural Areas	Regular prescribed burns are implemented as part of the management plan to increase the diversity and vigor of the prairie plant communities at our Natural Area research sites	<a href="http://research.illinois.edu/contact-us">http://research.illinois.edu/contact-us</a>	<a href="http://research.illinois.edu/">http://research.illinois.edu/</a>	---	8/31/21
ReStore Volunteer	Sporting a small, yet resilient staff, our store could not operate without the help of our volunteers. Our staff makes up less than 20% of the manpower needed to be a success. Volunteering is a great way to spend some time and you can make a significant difference in the lives of others as the ReStore allows virtually all donated dollars to go directly to the cost of building homes.	restorevolunteer@cuhabitat.org	<a href="https://cuhabitat.org/restore-volunteers/">https://cuhabitat.org/restore-volunteers/</a>	<a href="https://www.facebook.com/ChampaignCountyReStore/">https://www.facebook.com/ChampaignCountyReStore/</a>	8/31/21
Sustainable Student Farm	The farm serves as a production farm to supply our residence halls with locally grown, low-input sustainable food. In addition, the farm acts asa living laboratory to connect students, community members, and the state at large with regional, small-scale food systems. A great hands on expierence!	uiucssf@gmail.com	<a href="https://www.thefarm.illinois.edu/">https://www.thefarm.illinois.edu/</a>	<a href="https://www.facebook.com/uiucssf/">https://www.facebook.com/uiucssf/</a>	8/31/21

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Alternative Seasonal Breaks	100% student-run, non-profit volunteer organization of the University YMCA. ASB sends U of I students on nationwide service trips four times throughout the year. During their fall, winter, spring, and summer breaks, ASB participants travel throughout the country to learn about and actively combat social justice and environmental issues. Trips concern issues such as homelessness, poverty, animals, healthcare, environment, and many more.	treasurer@illinoisasb.org	<a href="https://alternativebreaks.org/chapters/13699/">https://alternativebreaks.org/chapters/13699/</a>	<a href="https://www.facebook.com/IllinoisASB?fref=ts">https://www.facebook.com/IllinoisASB?fref=ts</a>	8/31/21
Austin's Place	Austin's place is an emergency shelter for single women in Champaign County. You can volunteer to spiritual advisers, Be a friend with the phoneix, volunteer drivers and riders, professional case managers, and be apart of groups.	austinsplace@champaignfumc.org	<a href="http://shelter-austinsplace.weebly.com/">http://shelter-austinsplace.weebly.com/</a>	<a href="https://www.facebook.com/austinsplaceshelter/">https://www.facebook.com/austinsplaceshelter/</a>	8/31/21
Big Brothers Big Sisters	Big Brothers Big Sisters of Central Illinois is placing a special emphasis on meeting the needs of our families by bringing in more men as volunteers. Only one out of ten new volunteers enrolling at Big Brothers Big Sisters of Central Illinois is male, whereas a majority of our children applying are boys raised by a single female parent. Our boys need solid male role models to grow into responsible adults. These youngsters are ready and waiting for a few good men to step forward. Being a "Big Brother" requires no special skills – just a desire to step in and make a difference.	<a href="https://bbbscil.org/start-here/">https://bbbscil.org/start-here/</a>	<a href="https://bbbscil.org/volunteer/">https://bbbscil.org/volunteer/</a>	<a href="https://www.facebook.com/BBBSCentrallIllinois/">https://www.facebook.com/BBBSCentrallIllinois/</a>	8/31/21
C-U At Home	Engages and mobilizes our community to house and support the most vulnerable homeless on their journey of healing and restoration.	rob@cuathome.us	<a href="https://www.cuathome.us/">https://www.cuathome.us/</a>	<a href="https://www.facebook.com/cuathome.us/">https://www.facebook.com/cuathome.us/</a>	8/31/21
Champaign Park District	The Champaign Park District has multiple events taking place that they need help for. Help set up and manage these events through their volunteer form and website. You must complete a General Volunteer application before signing up to be a volunteer.	volunteer@champaignparks.org	<a href="https://champaignparks.com/volunteer/">https://champaignparks.com/volunteer/</a>	<a href="https://www.facebook.com/ChampaignParkDist/">https://www.facebook.com/ChampaignParkDist/</a>	8/31/21
Champaign Public Library	Volunteers assist the maintenance staff with cleaning work and maintaining the building of the main library. Tasks include vacuuming carpets, wiping desk surfaces and bookshelves, mopping and other general cleaning work.	volunteer@champaign.org	<a href="https://champaign.org/maintenance-department-cleaning-volunteer">https://champaign.org/maintenance-department-cleaning-volunteer</a>	<a href="https://www.facebook.com/ChampaignPublicLibrary/">https://www.facebook.com/ChampaignPublicLibrary/</a>	8/31/21
Champaign-Urbana Public Health District Community Garden	Volunteers are needed to help plant, harvest, and maintain C-UPHD's community garden. All produce harvested supplements an on-site food pantry with fresh, healthy foods grown without chemicals. Our mission is to increase the availability of fresh produce to local residents.	givebackgarden@c-uphd.org	<a href="https://givebackgarden.wordpress.com/volunteer-2/">https://givebackgarden.wordpress.com/volunteer-2/</a>	<a href="https://www.facebook.com/GiveBackGarden/">https://www.facebook.com/GiveBackGarden/</a>	8/31/21
Community Service Center of Northern Champaign County Pantry	Our food pantry is staffed by volunteers from the community. If you are interested in volunteering at the food pantry, applications are available at the front desk. Check website for online form.	cindyccsc@gmail.com	<a href="http://cscrantoul.org/volunteerdonate/">http://cscrantoul.org/volunteerdonate/</a>	<a href="https://m.facebook.com/pages/category/Social-Service/Community-Service-Center-of-Northern-Champaign-County-126643066060/">https://m.facebook.com/pages/category/Social-Service/Community-Service-Center-of-Northern-Champaign-County-126643066060/</a>	8/31/21
Courage Connection	To eliminate violence against women and children, and to provide safety and support to survivors of sexual violence	<a href="https://courageconnection.org/contact/">https://courageconnection.org/contact/</a>	<a href="https://courageconnection.org/">https://courageconnection.org/</a>	<a href="https://www.facebook.com/couragecu/">https://www.facebook.com/couragecu/</a>	8/31/21
CU One-to-One Mentoring Program	Mentoring program through the Champaign or Urbana school districts. You mentor young children from grades 3rd-7th grade for one hour a week during the school day. You can play games with them and talk to them about certain things. You are proving support, encouragement, and guidance to these young ones!	For Urbana Schools, send to thowley@usd116.org. For Champaign Schools, send to smithla@u4sd.org	<a href="https://cu1to1.org/be-a-mentor">https://cu1to1.org/be-a-mentor</a>	<a href="https://www.facebook.com/CUMentoring/">https://www.facebook.com/CUMentoring/</a>	8/31/21
Cunningham Children's Home	Volunteers play an important role at Cunningham Children's Home. For the youth, and families who need our therapeutic care, the difference our volunteers make is beyond measure. Our volunteers help support our mission - to see every child thrive - and are instruments of hope. We offer meaningful opportunities for individuals, groups, and organizations with varied interests and schedules.	(217) 337-9058	<a href="https://www.cunninghamhome.org/get-involved/volunteer">https://www.cunninghamhome.org/get-involved/volunteer</a>	<a href="https://www.facebook.com/CunninghamChildrensHome/">https://www.facebook.com/CunninghamChildrensHome/</a>	8/31/21
Education and Training for Health	With chronic lifestyle related disorders such as obesity, high blood pressure, and diabetes on the rise, it is vital to teach children proper nutrition and give them the resources to live a healthy life. We visit elementary schools in the C-U, delivering 1 hour long lessons for 8 weeks, personalized for each grade level. Each lesson introduces a nutrition concept, a hands-on activity, and ends with a nutritiously delicious snack making portion. Our aim is to provide children with the knowledge and skill set to lead a happy and healthy life.	eat4health.uiuc@gmail.com	<a href="https://eat4healthuiuc.weebly.com/">https://eat4healthuiuc.weebly.com/</a>	<a href="https://www.facebook.com/EAT4HealthUIUC/">https://www.facebook.com/EAT4HealthUIUC/</a> <a href="https://www.instagram.com/eat4health.uiuc/">https://www.instagram.com/eat4health.uiuc/</a>	8/31/21
Family Advocacy in Champaign County	At Family Advocacy, we embrace a commitment to social justice and trauma-informed practice. We highlight the importance of families having the most power in their lives and work with them to regain it. In the process, we explore their strengths and dreams for themselves and their children and advocate for and with them to remove personal and societal barriers to their vision.	home@family-advocacy.org	<a href="http://family-advocacy.org/">http://family-advocacy.org/</a>	<a href="https://www.facebook.com/familyadvocacychampaigncounty">https://www.facebook.com/familyadvocacychampaigncounty</a>	8/31/21

Name of Organization	Purpose	Contact	Website	Social Media	Updated
Family Service Senior Resource Center Office Volunteer	Volunteers are needed to answer phones, make calls, file paperwork, shred documents, help with bulk mailings and other tasks on an as needed basis	(217) 352-0099	<a href="https://www.famservcc.org/volunteer-opportunities">https://www.famservcc.org/volunteer-opportunities</a>	<a href="https://www.instagram.com/familyservice_cc/">https://www.instagram.com/familyservice_cc/</a>	8/31/21
Healthy Beginnings	Watch children while their mothers take part in the healthy beginnings classes. You can also donate certain things that are further listed in the website.	referral@cuhealthybeginnings.com	<a href="http://cuhealthybeginnings.com/">http://cuhealthybeginnings.com/</a>	---	8/31/21
Health of the Homeless	Wellbeing is at the forefront of what Health of The Homeless working together towards. Our programs, activities, and give aways are designed to be a catalyst that helps community members live more comfortable and stay healthy. Learn more about the positive impact we have and join us in bringing about positive change.	healthofthehomeless@gmail.com	<a href="https://healthofthehomeless.wixsite.com/website">https://healthofthehomeless.wixsite.com/website</a>	<a href="https://www.facebook.com/HealthOfTheHomeless/">https://www.facebook.com/HealthOfTheHomeless/</a>	8/31/21
Illinois Coalition Against Sexual Assault	The Illinois Coalition Against Sexual Assault (ICASA) is a not-for-profit corporation of 29 community-based sexual assault crisis centers working together to end sexual violence. Each center provides 24 hour crisis intervention services, counseling and advocacy for victims of sexual assault and their significant others. Each center presents prevention education programs in Illinois schools and communities.	sblack@icasa.org	<a href="http://www.icasa.org/">http://www.icasa.org/</a>	<a href="https://www.facebook.com/Illinois-Coalition-Against-Sexual-Assault-390949040987742/?ref=hl">https://www.facebook.com/Illinois-Coalition-Against-Sexual-Assault-390949040987742/?ref=hl</a>	8/31/21
iRead and iCount	We have the capability to help the future generation of the workforce to succeed by laying the foundation for reading and math education for our kindergarten students now.	info@champaigncounty.org	<a href="https://www.champaigncounty.org/iread-icount">https://www.champaigncounty.org/iread-icount</a>	---	8/31/21
Krannert Art Museum	Student volunteers in this program will work with young students during school field trips, help out with various events at the museum, observe a variety of teaching styles and strategies to engage different audiences, and much more.	kam@illinois.edu	<a href="https://kam.illinois.edu/learning/volunteer">https://kam.illinois.edu/learning/volunteer</a>	<a href="http://www.facebook.com/kamillinois">http://www.facebook.com/kamillinois</a>	8/31/21
Lodgic	Community networking nonprofit. They wish to support working families, facilitate business, and shape the community	info.champaign@lodgic.org	<a href="https://www.lodgic.org/">https://www.lodgic.org/</a>	<a href="https://www.facebook.com/LodgicChampaign/">https://www.facebook.com/LodgicChampaign/</a>	8/31/21
Meals on Wheels	Volunteers of any age can help by delivering nutritious meals to the homes of seniors or anyone who has difficulty with cooking due to illness, injury or disability. Meal deliveries are divided into routes by geographic area. A route is usually 6-8 stops with 8-10 meals. Each recipient gets a hot, noon meal and may order a cold, sack supper as well. Special diets are available.	(217) 352-5100	<a href="https://www.famservcc.org/mealsonwheels">https://www.famservcc.org/mealsonwheels</a>	---	8/31/21
Next Generation School	Various opportunities available to work with children! From an afterschool monitor to a STEAM teaching assistant.	Early Education: 217.356.6398 Preschool: 217.353.5325 Primary and Middle School: 217.356.6995 STEAM Studio: 217.356.6995	<a href="https://www.nextgenerationschool.com/">https://www.nextgenerationschool.com/</a>	<a href="https://www.facebook.com/NGSchoolL/">https://www.facebook.com/NGSchoolL/</a>	8/31/21
Nugent Hall	To provide personal assistance to disabled UIUC students	disability@illinois.edu	<a href="http://disability.illinois.edu/beckwith-residential-support-services-nugent-hall/about-staff-staff/prospective-and-current-employee#1">http://disability.illinois.edu/beckwith-residential-support-services-nugent-hall/about-staff-staff/prospective-and-current-employee#1</a>	<a href="https://www.facebook.com/NugentHall/">https://www.facebook.com/NugentHall/</a>	8/31/21
RACES	The mission of Rape Advocacy, Counseling, & Education Services is to challenge the rape culture and empower victims and survivors of sexual violence through advocacy, counseling, education, crisis intervention, and activism.	volunteer@cu-races.org	<a href="https://www.cu-races.org/volunteer/">https://www.cu-races.org/volunteer/</a>	<a href="https://www.facebook.com/RapeAdvoc">https://www.facebook.com/RapeAdvoc</a>	8/31/21
Spurlock Museum	Do you appreciate the work of museums in preserving, exhibiting, and sharing culture? Would you like to expand your knowledge while gaining new skills? Are you interested in meeting new people? All volunteers at Spurlock Museum make a difference.	spurlock-volunteers@illinois.edu	<a href="https://www.spurlock.illinois.edu/about/jobs/volunteering/">https://www.spurlock.illinois.edu/about/jobs/volunteering/</a>	<a href="https://www.facebook.com/SpurlockMuseum/">https://www.facebook.com/SpurlockMuseum/</a>	8/31/21
University of Illinois Extension Service	The mission of Illinois Extension is to serve the residents of Illinois as we work collaboratively to enhance quality of life for families and economic resilience and vitality for our businesses and communities. This work isn't possible without an army of passionate, dedicated volunteers who generously give of their time and talent. From developing curriculum units to working with kids on 4-H projects, and from mentoring families on personal finances to identifying pesky weeds, volunteers play an essential role within Extension.	(217) 333-5900	<a href="https://extension.illinois.edu/global/volunteer-us">https://extension.illinois.edu/global/volunteer-us</a>	<a href="https://www.facebook.com/UIExtension">https://www.facebook.com/UIExtension</a>	8/31/21
Urbana Park District	Remove invasive species and replace wood chips on paths in Meadowbrook Park, Busey Woods, Anita Purves Nature Center and other Urbana parks. Volunteer naturalists also needed to teach school groups.	ckprahl@urbanaparks.org	<a href="https://www.urbanaparks.org/get-involved/volunteer/">https://www.urbanaparks.org/get-involved/volunteer/</a> <a href="https://www.urbanaparks.org/jobs/">https://www.urbanaparks.org/jobs/</a>	<a href="https://www.facebook.com/urbanaparkdistrict">https://www.facebook.com/urbanaparkdistrict</a>	8/31/21
Volunteer Illini Projects	Since 1963, they've offered their services to marginalized groups with the Urbana-Champaign area. This nonprofit takes on multiple projects at a time, allowing a wide-reach to everyone who may be looking for help. Join them to explore the many volunteer projects they participate in.	<a href="https://volunteerillinipro.wixsite.com/">https://volunteerillinipro.wixsite.com/</a>	<a href="https://volunteerillinipro.wixsite.com/vipinc">https://volunteerillinipro.wixsite.com/vipinc</a>	<a href="https://www.facebook.com/VolunteerIlliniProjects/">https://www.facebook.com/VolunteerIlliniProjects/</a>	8/31/21